



SKIN EXCISIONS

A skin excision is a minor surgical procedure performed in the office, in which your provider carefully removes a spot, mole, or growth from your skin. The removed tissue is sent to a lab to check for any abnormal or cancerous cells. This procedure helps treat skin conditions and skin cancers while preserving as much healthy skin as possible.

How do I prepare for a Skin Excision?

- Plan for your appointment – skin excisions are minor, in-office procedures. The exact time depends on the size and location of the growth, but most appointments last about 30–60 minutes.
- Eat and drink normally – some providers will ask you to avoid alcoholic beverages 48 hours prior to your surgery, but there are no other restrictions for eating or drinking. Have a healthy meal beforehand so you're comfortable during your visit.
- Take your medications as usual – do not stop prescription blood thinners without cardiologist approval.
- Shower and shampoo your hair before surgery, as your wound and initial dressing may have to remain dry for 24-48 hours thereafter.
- Wear warm, comfortable clothing.

During the procedure?

- You will be awake. Local anesthesia is used to fully numb the area so the procedure is comfortable.
- Your provider will remove the lesion along with a small margin of normal skin.
- The excision typically takes 20–40 minutes depending on the size and location.

**Phone: 844-SUN-DERM or 844-786-3376 OR visit us on our website:
suncoastskin.com**



What should I expect after the procedure?

- After the lesion is removed, your provider will determine the best way to close the wound. This may include stitches or allowing the area to heal naturally based on the size and location of the excision.
- Your provider and medical staff will review any restrictions and explain how to care for the wound.
- The removed tissue will be sent to a lab to be processed and examined for abnormal or cancerous cells.

Ask about our in-office Wound Care Kits!

We offer convenient wound care kits that include all the materials needed to care for your surgical site at home. These kits help ensure you have everything necessary for proper healing.

Can I drive myself home?

Yes, you can typically drive yourself after the procedure.

Still have questions?

Call our office at **844-786-3376** and we will gladly answer any questions you may have!

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