



ED&C Wound Care

Immediately After the Procedure

- Your wound will be covered with a light pressure dressing or band aid. Keep it clean and dry for the first 24–48 hours.
- Some mild bleeding, oozing, or crusting is normal during the first day.

Daily Wound Care

- Wash your hands before touching your wound.
- Remove the dressing after 24–48 hours (or as instructed).
- Clean the wound gently with warm, soapy water using a soft cloth or gauze.
- Apply a thin layer of Vaseline or Aquaphor to keep the wound moist.
- Cover the wound with a non-stick gauze pad or bandage.

Do NOT use hydrogen peroxide, Neosporin, Polysporin, Bacitracin, or triple antibiotic ointments—they may slow healing.

Ask about our in-office Wound Care Kits!

We offer convenient wound care kits that include all the materials needed to care for your biopsy site at home. These kits help ensure you have everything necessary for proper healing.

What to Expect

- Redness, tenderness, and mild swelling are normal for a few days.
- A crust or scab will form over the wound; this protects healing tissue. Do not pick or scratch the scab.
- Healing typically takes 1–3 weeks, depending on the size and location of the treated area.

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suncoastskin.com***



Activity and Restrictions

- Avoid scratching, rubbing, or trauma to the wound site.
- Avoid swimming, hot tubs, or prolonged soaking until the wound is fully healed.
- Light activity is allowed, but avoid strenuous exercise for a few days if the wound is on an area prone to bleeding such as the lower legs.

Pain and Discomfort

- Mild pain, tingling, or tightness at the site is normal.
- Over-the-counter pain medications such as acetaminophen or ibuprofen may be used if needed.

Bleeding

- Small amounts of bleeding or oozing are normal.
- If bleeding soaks through the dressing, apply gentle direct pressure for 20 minutes.
- If bleeding does not stop after two attempts, call the office immediately. An on-call provider is available after hours for urgent matters at **844-786-3376**.

Infection

- Slight redness and tenderness are normal, but contact the office if you notice:
 - Increasing redness, warmth, or swelling
 - Pus or foul-smelling drainage
 - Fever $\geq 100.4^{\circ}\text{F}$

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